



# FOREST TRAIL FARM

## Fall & Winter CSA 2022-2023

Community Supported Agriculture (CSA)



We are local artisans and farmers bringing you delicious fresh and preserved food during our coldest winter months. We aim to battle food insecurity by cooperating with our local community.

**Team up with us to help local farmers and artisans continue to thrive.**

### Length:

20 weeks: 9/1/22 - 1/19/23 (Thanksgiving Day excluded)

### Pickup:

Elizabeth Brewing Company Thursdays 4-9 PM,

Starting September 1st!!

Also, at The Refillery in Parker, day and time TBD.

### Featuring:

Forest Trail Farm, Honeymoon Ranch, Peaceful Pastures Farm,  
5-0 Ranch, Dancing Jaguar Coffee, The Refillery and more.

### Contact:

303-349-3382

ForestTrailFarm@outlook.com



**See back for  
full CSA  
package list!**



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# Winter CSA Share Options

## Farm Share \$10 (Forest Trail Farm)

Choose your pick-up frequency and you will get a farm share box valued at \$10 a week containing seasonal farm items. This one will be dependent upon what is available at the farm at that time.

Example items are vegetables, herbs, honey, jam, pickles, and seasoning.

**20 week season (9/1/22- 1/19/23)**

**Weekly pick-ups: \$200**

**Biweekly pick-ups: \$100**

**Monthly pick-ups: \$50**

## Bread Share \$8 (Forest Trail Farm)

One loaf of artisanal sourdough bread either weekly or biweekly. The loaf will be of rotating flavor such as original, herb, or rye. It may also contain new varieties as recipes develop.

**20 week season (9/1/22- 1/19/23)**

**Weekly pick-ups: \$160**

**Biweekly pick-ups: \$80**

**Monthly pick-ups: \$40**

## Bakery Share \$8 (Forest Trail Farm)

Our bakery share will provide one or two baked goods weekly or biweekly. Examples of possible items are our sweet sourdough bread, crackers, baguettes, bagels, cookies, rolls, pretzels, pizza crusts, trail mix, croutons, breadcrumbs, cereal, and breakfast cakes. More options may become available throughout the season as well.

**20 week season (9/1/22- 1/19/23)**

**Weekly pick-ups: \$160**

**Biweekly pick-ups: \$80**

**Monthly pick-ups: \$40**

## Herbal Tea Share \$6 (Forest Trail Farm)

Our tea share provides one 2 oz bag of herbal tea monthly. Our herbal blends contain only organic ingredients and are loose leaf.

**20 week season (9/1/22- 1/19/23)**

**Monthly pick-ups: \$30**

## Egg Share \$6 (Honeymoon Ranch, Peaceful Pastures Farm)

Egg shares are available as a dozen either weekly or biweekly, or monthly. Both farms raise happy pasture-raised hens.

**20 week season (9/1/22- 1/19/23)**

**Weekly pick-ups: \$120**

**Biweekly pick-ups: \$60**

## Pork Share \$13 (Hog Heaven Ranch)

Farm raised, all natural, antibiotic and hormone-free pork. This share will provide a pound of bacon, chorizo or bratwurst.

**20 week season (9/1/22- 1/19/23)**

**Weekly pick-ups: \$260**

**Biweekly pick-ups: \$130**

**Monthly pick-ups: \$165**

## Microgreens Share \$7 (Forest Trail Farm)

This share will provide a 2.5 ounce tray of microgreens of rotating variety. Possibilities include radish, pea shoots, and broccoli bi-weekly or monthly.

**20 week season (9/1/22- 1/19/23)**

**Biweekly pick-ups: \$70**

**Monthly pick-ups: \$35**

## Household Cleaning Share OR Personal Care Share \$10 (The Refillary).

*Household Cleaning Share includes:* One recycled jar or container of low-waste, eco-friendly, USA-manufactured household cleaning product. Products include multi-surface cleaner, bathroom cleaner, laundry detergent, dish soap, etc.

*Personal Care Share includes:* One recycled jar or container of low-waste, eco-friendly, USA-manufactured personal care product. Products include shampoo, conditioner, body wash, lotion, etc.

**20 week season (9/1/22- 1/19/23)**

**Weekly pick-ups: \$200**

**Biweekly pick-ups: \$100**

**Monthly pick-ups: \$50**

## Coffee Share \$20 (Dancing Jaguar Coffee and more)

This share will provide a rotating 1lb bag of ground coffee from Dancing Jaguar Coffee, GC Roasters, or Good Shepherd Roasters

**20 week season (9/1/22- 1/19/23)**

**Biweekly pick-ups: \$200**

**Monthly pick-up \$100**

## Beef Share \$8 (5-0 Ranch)

Grass-fed and grass finished. No antibiotics and no hormones ever. This share will provide a pound of ground beef weekly, biweekly, and monthly.

**20 week season (9/1/22- 1/19/23)**

**Weekly pick-ups: \$160**

**Biweekly pick-ups: \$80**

**Monthly pick-ups: \$40**

Please reach out for any specific needs or changes but do so no later than Tuesday of that week.

**Contact:** 303-349-3382 | [ForestTrailFarm@outlook.com](mailto:ForestTrailFarm@outlook.com)



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